

# Cheviot Road & Shirley Avenue Surgery



## spring Newsletter

### Opening hours

#### Easter opening hours 2018

Friday	<b>30th March Closed</b>
Saturday	<b>Pre-booked appointments ONLY</b>
Sunday	<b>1st April Closed</b>
Monday	<b>2nd April Closed</b>

### Innoculations and Vaccinations

Planning of travelling abroad?  
If so, please check to see if you need any vaccinations before you travel. Allowing plenty of time to have these done, will give you flexibility on when you can get your appointment

It is important that all patients (Children and Adults) are innoculated against infectious diseases. Please ensure you are up to date with what is needed. A member of the nursing team will be happy to check this for you, if you contact the surgery.



### Repeat Medication



Please ensure you order your repeat medication in time for the Easter holidays. Always allow at least 48 hours for your request to be processed.

### Online Access

Do you sometimes find it difficult getting through on the phone. If so, why not register for online access. You will be able to make appointments to see a doctor and order your repeat medication.

Why not visit our website for more details:

<http://www.cheviotroadsurgery.nhs.uk/>

Or go to the patient Access Website

<https://patient.emisaccess.co.uk/Account/Login>

**Patient access**  
Book appointments, order repeat prescriptions and view your medical record  
Available on android and iOS

## Staying Healthy

### **Bowel cancer screening**

NHS bowel cancer screening is only offered to people aged 55 or over, as this is when you're more likely to get bowel cancer:

- if you're 55, you'll automatically be invited for a one-off [bowel scope screening test](#), if it's available in your area
- if you're 60 to 74, you'll automatically be invited to do a [home testing kit](#) every 2 years
- if you're 75 or over, you can ask for a home testing kit every 2 years by calling the free bowel cancer screening helpline on 0800 707 60 60

If you're too young for screening but are worried about a family history of bowel cancer, speak to your GP for advice.

### **Cervical Screening**

All women who are registered with a GP are invited for cervical screening:

- **aged 25 to 49** – every 3 years
- **aged 50 to 64** – every 5 years
- **over 65** – only women who haven't been screened since age 50 or those who have recently had abnormal tests

### How can you help us?

Do you think we could do things differently.  
Do you have some good ideas you would like to share with us.



### Getting Involved

PPG

Would you like to join our Patient Partnership Group.

All patients are welcome. If you are interested, please inform the Practice Manager



### Patient Feedback

Have you completed one of our friends and family forms?

Have you let us know what you think we do well?

Do you want to tell us where we could do better?

We value all patient feedback. Sometimes it is patient feedback that shapes the services that we provide.

